

Tryout Evaluation Policy

2025/2026 Season



Introduction

Sarnia Jr. Lady Sting (SJLS) strives to host fair and equitable try-outs, free of bias and nepotism. It is the intent of the Try-Out Committee to outline measures taken to address these areas of concern and provide support to limit their impact.

SJLS wants to clearly state: Coaches are responsible for selecting both team and staff rosters. However, both team and staff rosters must be submitted to the organization for approval prior to being announced. The Association will be providing guidance on team sizes to maximize players within a given age group, and to ensure an even roster distribution of skill within teams running at the same age group (ex. Multiple U9 HL teams).

1.0 Coaches' Try-out Package

SJLS will ensure that coaches have all tools, equipment and information available when selecting rosters, where choices are backed by data and independent skill evaluators.

SJLS will provide all coaches:

- All required pinnies, pucks and equipment to run try-out skates
- Minimum two (2) independent skill evaluators at each SJLS provided (home) try-out skates for Tier 1 and Tier 2 teams. Coaches are welcome to bring their own evaluators to add to this compliment
- Den moms for each skate
- SJLS Board Member at each skate
- Evaluation sheets used for scoring
- Microsoft Excel document where coaches are required to enter scoring from evaluators
- Bank of SJLS supported drills from which coaches may choose. These drills are not required to be used
- Independent trainer, with bag, to be at all skates
- List of SJLS insured coaches from the previous season who can help run try-outs. Coaches are responsible for coordinating individuals to run their try-outs. Reach out if there are any concerns.
 - A person cannot step on the ice unless they are insured by SJLS
 - A coach with a player trying out within that age group is not eligible to run the try-out

2.0 Requirements of Coaches

During try-outs, coaches are required to:

- Produce a list of coaches running try-out skates, submitted to Director of Hockey Operations, a minimum of 72 hours prior to the try-out skates
- Supply a try-out plan for each skate to Director of Hockey Operations 24 hours before
- Coaches are to arrive at the arena a minimum of 1 hour before the start of the skate
- Enter off-ice evaluators scores into spreadsheet
- Communicate, and adhere to timelines, posted to team homepage
- At the completion of try-outs:
 - Submit completed excel sheet, plus individual evaluator sheets as a package to SJLS
 - Team/coach selection to SJLS

3.0 Expectations for Try-Outs

Players trying out for a SJLS team can expect the following:

- If a player has not paid nor has their permission to skate, skaters will not skate, no exception.
- Player re-assignments to Tier 2 can start after the second (2nd) skate
- Players can be signed to an Offer Sheet after the second (2nd) skate. Coaches can utilize a maximum of 6 offer sheets (5 skaters + 1 goalie), before naming of the final roster – Skate #4 or later.
- To be eligible to make a SJLS Tier 1 team, a player must attend at a minimum of two (2) skates. Exceptions can be made in extenuating circumstances, based on a case-by-case basis, as approved by the President of SJLS.

Process Origination & Change Log

Process Identification	
Process Originator:	Nathan Jeffrey
Effective Date:	04/14/2025
Category/Function:	Policies & Procedures
Process Owner	
Association Owner:	Director of Hockey Operations
Contact Information:	hockeyoperations@sarniagirlshockey.com
Association Approved Date:	04/08/2025

Review/Add/Change Log

Review Date	Description of Revision	Annual Review Y or N	Version	Version Revision By
03/01/2025	Process document created	N	1.0	Nathan Jeffrey
04/07/2025	Governance Meeting Sub-committee updates	N	1.1	Nathan Jeffrey
04/08/2025	Approval of Final Draft	N	1.2	Nathan Jeffrey
04/14/2025	Revisions to branding template	N	1.3	Amy Carlaw